

AFTERCARE ADVICE FOR POLYNUCLETIDES

PLEASE FOLLOW YOUR AFTERCARE ADVICE FULLY, FOR YOUR HEALTH AND WELLBEING. AS WELL AS THE EFFECTIVENESS AND LONGEVITY OF YOUR RESULTS

- Avoid touching, or applying makeup to the treatment area for 12 hours after your treatment.
- Avoid alcohol for 24 hours after your treatment.
- Do not touch or massage the injection sites for up to 4 hours after your treatment.
- Avoid strenuous exercise for the next 48 hours.
- Avoid facial treatments for 14 days after your treatment.
- Wait at least 4 weeks before having any dermal filler treatments.
- Expect some minimal swelling and bruising in the treatment areas
- Results will start to show around 2-4 weeks from your treatment and will continue to improve as the skin regenerates
- You will need to book in for an initial course of 2 sessions to achieve the desired results from the treatment
- Some patients may need a further session to maximise results.

IF YOU NEED FURTHER HELP, OR HAVE ANY QUESTIONS REGARDING YOUR TREATMENT PLEASE GET IN TOUCH